



OTHER EMIRATES

EXPLORE THE OTHER EMIRATES

Reem Binahmed, ER/IR Advisor for UAE and Iraq shares some leads to some places of interest, things to do and Emiratis foods to try during your time in the UAE.

Green Mubazzarah, Al Ain: Al Ain is a part of Abu Dhabi which is the largest Emirate. Al Ain is also known as the garden city. One can rent chalets in Al Mubazzarah, the green expanse at the foot of Jebel Hafeet. *



Green Mubazzarah at the foot of Jebel Hafeet
Photo credit: Shahin Mustafa/ CC 3.0

Hatta, Dubai: Has a serene lake formed because of the dam between mountains. This is now a popular place for Kayaking .



Hatta lake
Photo credit: Vedaant Jamaiyar/ CC4.0

Some interesting Emiratis foods you must try!

M'hammar Rice: Not many people know about this dish which is made with sweet rice and fried fish. The rice is prepared with date syrup, cardamom, cinnamon and some other spices. It is red in colour which explains the name "m'hammar" which literally means "reddened". Some prefer to serve it with fried fish either in the same pot or set aside with a slightly spicy gravy

Others include **Majboos**, a rice based dish with meat or chicken, **Saluna**, a stew with chicken, meat or sun-dried fish. The use of homemade **Ghee** or milk fat is also very popular in Emiratis cuisine.

M'hammar served with fried fish on top
Photo courtesy: Reem Binahmed

Jebel Jais, Ras al Khaimah: UAE's highest peak where you could see snow. Hike, cycle, camp and zipline across the world's longest zipline at Jebel Jais.



Zipline at the Jebel Jais
Photo credit: RAK Tourism

Kalba Mangroves, Sharjah: Close to the coast of Oman, Kalba is not very far away and is home to beautiful mangroves, a conservation reserve and even a tiny fishing village.



Khor Kalba mangroves
Photo credit: ArabianEye / Duncan Chard

The Forts of Fujairah and Bullfighting Arena



Bullfighting in Fujairah (left); Fujairah Fort (right)
Photo credit: The National; Gulf News



Saluna, Emiratis chicken stew
Photo courtesy: mycookpad

*Please note that the map is for indicative purpose and not to scale.